

1983 MEAC TRACK MEET
MAY 13 and 14, 1983
WOMEN'S RESULTS

Heptathlon

Kathy - 3rd place
Angus

10,000 Meter Run Final

1	Debbie Thomatz	CST	444	34:22.58	RECORD, NATIONAL QUAL.
2	Linda Zeman	MAC	499	35:53.01	NATIONAL QUALIFYING
3	Marion Strand	CON	416	39:41.71	
4	Nettie Conovan	CON	403	41:46.99	
5	Stacy Edstrom	CAR	383	42:41.46	
6	Marta Medcalf	CST	396	44:44.06	

LONG JUMP FINAL

1	Martha Anderson	CST	426	18'5.75"/5.63m	RECORD, NATIONAL QUAL.
2	Jo Arveson	STO	363	18'3.75"/5.58m	National Qualifying
3	Margo Holm	CON	408	17'0.50"/5.20m	
4	Lisa Hawkinson	CAR	390	16'9.75"/5.13m	
5	Brenda Hart	AUG	303	16'7.00"/5.05m	
6	Gretchen Stal	STO	357	16'6.00"/5.03m	

HIGH JUMP FINAL

1	Pence Quiram	STO		5'4"/1.63m	
2	Erin Sobaski	CST		5'3"/1.60m	
3	Kris Leaf	STO		5'3"/1.60m	
4	Lori Guggemos	CST		5'0"/1.53m	
5	tie- Martha Anderson	CST		5'0"/1.53m	
6	Mary Kerr	STO		5'0"/1.53m	

SHOT PUT FINAL

1	Sharyl Geisert	CON	407	42'8.75"/13.02m	RECORD, NATIONAL QUAL.
2	Kris Freeman	CON	406	42'4.50"/12.92m	NATIONAL QUALIFIER
3	Mary Boyun	STO		39'3.75"/11.98m	
4	Laurie Mach	AUG	304	39'1.75"/11.91m	
5	Betty Wazarka	GUS		38'9.75"/11.83m	
6	Penny Marshall	BET		38'3.50"/11.67m	

DISCUS FINAL

1	Sharyl Geisert	CON	407	127'9.00"/38.94m	
2	Cindy Bogatzki	CON	402	122'3.00"/37.26m	
3	Laurie Mich	AUG	304	116'2.00"/35.40m	
4	Dawn Lervold	CON	409	115'8.00"/35.26m	
5	Penny Marshall	BET	327	112'10.00"/34.40m	
6	Pam Backer	BET	326	111'7.50"/34.03m	

JAVELIN FINAL

1	Kris Freeman	CON	406	127'11.00"/38.98m	RECORD
2	Joan Flakoll	CON		119'0.00"/36.28m	
3	Betty Wazarka	GUS		111'5.00"/33.96m	
4	Kathy Angus	CST		107'5.00"/32.74m	
5	Sharyl Geisert	CON	407	104'5.00"/31.82m	
6	Dawn Lervold	CON	409	89'1.25"/27.16m	

5,000 Meter Run Final

1	Debbie Thomatz	CST	444	9:46.68	NATIONAL QUALIFYING
2	Linda Zeman	MAC	499	10:01.35	NATIONAL QUALIFYING
3	Maggie Culligan	CST	428	10:05.95	NATIONAL QUALIFYING
4	Sarah Hintz	CST	432	10:10.80	NATIONAL QUALIFYING
5	Elise Wrolstad	STO	371	10:19.48	
6	Laura Inderledan	CST	433	10:49.40	

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880 Yard Relay Final

1	Concordia	50.78
2	St. Olaf	51.32
3	St. Thomas	51.44
4	Carleton	51.93
5	Macalester	52.64
6	Augsburg	53.22

Peggy Martha, Cathy, Erin, Patty

1500 Meter Run Final

1	Teresa Mayer	CST	439	4:36.15	RECORD, NATIONAL QUAL.
2	Rosa McIlrath	CST	436	4:38.5 (H)	NATIONAL QUALIFIER
3	Lynn Dyrhlbl	CON	419	4:44.56	
4	Peggy Paulino	CST	439	4:49.09	
5	Ruth Walker	GUS	609	4:53.93	
6	Carolyn Lunt	CAR	391	5:01.38	

100 Meter High Hurdles Final

1	Jo Arveson	STO	363	15.72
2	Brenda Hart	AUG	303	15.89
3	Jenny Burgess	BET	497	16.06
4	Marva Anderson	CST	426	16.13
5	Mary Ernst	CST	429	16.17
6	Beth Maxwell	STO	382	16.63

400 Meter Dash Final

1	Wam Olsgaard	CON	410	59.81
2	Patty Paulino	CST	438	1:00.23
3	Jennifer Pietarpol	CAR	399	1:00.27
4	Erin Sobaski	CST	463	1:01.58
5	Jane O'Brien	MAC	493	1:01.69
6	Cathy Augus	CST	427	1:02.73

100 Meter Dash Final

1	Malissa Hamilton	CAR	369	12.45	RECORD, NATIONAL QUAL.
2	Gretchen Stai	STO	357	12.66	NATIONAL QUALIFIER
3	Martha Anderson	CST	426	12.66	NATIONAL QUALIFIER
4	Margo Holm	CON	400	12.75	
5	Jodi Dickey	STO	395	12.85	
6	Garman Hampton	STO	313	13.17	

300 Meter Run Final

1	Rose McIlrath	CST	436	2:20.21
2	Peggy Paulino	CST	439	2:22.46
3	Madine Sanders	STO	351	2:23.19
4	Joy Kelly	MAC	490	2:28.0 (H)
5	Kathy Heff	CAR	390	2:31.1 (H)
6	Kathy Melville	CAR	395	2:31.7 (H)

400 Meter Low Hurdles Finals

1	Jo Arveson	STO	363	1:05.23	RECORD, NATIONAL QUAL.
2	Jenny Burgess	BET	343	1:05.02	
3	Anne Thoe	MAC	497	1:08.10	
4	Carlene Paulson	CON	411	1:09.27	
5	Pat Alfredson	MAC	481	1:11.87	
6	Wendi Reeddean	CAR	999	1:12.23	

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200

100 Meter Dash Final

Martha Anderson	CST	426	26.41
Melissa Hamilton	CAR	389	26.62
Jodie Dickey	STO	355	27.09
Gretchen Stai	STO	357	27.28
Margo Holm	CON	408	27.31
Carmen Hampton	STO	353	27.31

5000

100 Meter Run Final

Teresa Mayer	CST	435	17:17.19	RECORD, NATIONAL QUAL.
Sarah Hings	CST	432	17:21.71	NATIONAL QUALIFIER
Linda Zeman	MAC	499	17:25.01	NATIONAL QUALIFIER
Elise Wrolstad	STO	371	18:17.60	NATIONAL QUALIFIER
Lynn Dyrdahl	CON	419	18:31.64	
Marion Strand	CON	416	19:07.60	

1 MILE

1 Mile Relay Final

St. Thomas		4:15.21	<i>Rose, Maggie, Peggy, Patty</i>
Macalester		4:12.09	
St. Olaf		4:18.22	
Concordia		4:18.95	
Bethel		4:26.88	
Carleton		4:27.07	